

### 港島西醫院聯網

# 出院清單



HKWC DISCHARGE CHECKLIST



# 唔好急 慢慢執

Take your time to pack



#### 個人物品 Personal Belongings

- ? 已執拾所有物品? Have you packed your belongings?
- □ 個人物品(如:衣服)
  - Personal belongings (e.g. clothes)
- 重要物品 (如:身份證) Essentials (e.g. HKID Card)
- □ 私人藥物/醫療報告/放射線照片/器材 Private drug/reports/films/equipment



#### 醫院文件 Hospital Documents

- ? 已帶齊文件? Have you brought the documents?
- □ 出院紙 Discharge summary
- □ 覆診紙 Appointment slip
- □ 繳費單 Payment slip
- □ 病假紙 Sick leave certificate
- □ 抽血紙 Blood test slip
- □ 治療處方 Treatment sheet



#### 藥物 Medicines

- ? 已執拾所需藥物? Have you brought your medicines?



## 唔清楚 問問先

**Raise Your Enquiries** 



#### 健康狀況

**Health Conditions** 

- ? 清楚自己的身體狀況嗎?Do you understand your condition?□ 現時情況Current condition
- 預計復原時間 Expected recovery time



#### 出院後注意事項 Points to Note After Discharge

- ② 已了解清楚?
  What should you pay attention to?
  藥物種類及服用量
- Types of medicines & dosage
- □ 護理技巧
  Post discharge care
- □ Post-discharge care □ 病情變化徵狀
- Signals of condition change
- 醫院聯絡方法
  Contact information of hospital
- □ 覆診安排
  - Follow-up arrangement
- □ 飲食禁忌 Foods to avoid
  - 10003 10 GVOIG
- □ 活動 / 運動建議
  Advice on activities / sports



表達謝意 / 提出意見 Appreciation / Feedback

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